



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

January 2019

The following is a statement from the YMCA of San Diego County:

The South Bay Family YMCA and Eastlake YMCA are working with Seven Mile Casino in Chula Vista and surrounding communities to help improve youth fitness and nutrition.

We are pleased to confirm that Seven Mile Casino is investing \$10,000 in a two-pronged program. The first component looks to increase healthy eating and physical activity in a program called the Y Academy. The funds from Seven Mile Casino will help increase program results, which has already helped reduce obesity in students in the Chula Vista Elementary School District by 17.1% over six years. Seven Mile is also supporting a cooking education program that will help Y Academy children create simple, nutritious meals in a safe, clean and fun environment.

Funds like this allow the YMCA to extend our reach to nurture the potential of kids, improve health and well-being, and to give back and support our neighbors. The value of this collaboration far exceeds the monetary amount, as Seven Mile has generously committed to provide in-kind donations as well.

The Y looks forward to building on our relationship with Seven Mile Casino to maximize community impact for generations to come.